

TNT KARATE

BLACK BELT BOUND

at the

sportsplex

WEDNESDAYS

Little Ninjas (ages 3-7yrs) 5:30pm - 6:15pm

Kids 6:30pm - 7:30pm

THURSDAYS

6:30pm - 8:30pm

TRY IT!

YOUR FIRST CLASS IS FREE.

BUILDS:

Discipline

Self Control

Self Confidence

Self Defense

Flexibility

Balance