

# SPINNING

THRU SPRING 2020

## MONDAYS

8:00am-9:00am w/Laura

## WEDNESDAYS

5:30 pm - 6:30 pm w/Linda

## FRIDAYS

8:00am-9:00am w/Laura

6:00 pm - 7:00 pm SPIN/BOOTCAMP w/Linda

## SATURDAYS

9:00am-10:00am SPIN w/Linda

(10:00am-11:00am YOGA)

**DROP IN VISIT \$5 \* 10 VISIT PUNCH CARD \$40**

Limited space available, please contact us to reserve your space in advance  
989.731.3546 or visit our website [www.ocsportsplex.com/fitness](http://www.ocsportsplex.com/fitness)



# *SPORTSPLEX*